

RACER HANDBOOK

As of March 1, 2022



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Know Before You Go/Run...

Presented by Saucony, the Round Valley Rambler offers two distances, 7K or a trail Half Marathon. The Half Marathon distance is the first race in the Triple Trail Challenge. Below is a summary of all the things you need to know to make your day at the race run smoothly.

Be sure to follow us on Facebook: <https://www.facebook.com/slrevents> for the most up-to-date race day details, training runs and more!



RACE DETAILS



ANOTHER YEAR OF BEING GREEN!

We are dedicated to maintaining a clean race and preserving the beauty of the area we run in. This year for all our races, we will be providing each racer a HydraPak SpeedCup a quick and easy watering solution; it's lightweight, easy to hold, reusable and collapsible so you can tuck it almost anywhere. You also have the option to bring your own system. It can be anything that works for you, so long as it does not produce trash.

We will NOT have cups at the aid stations.

Race Schedule

Saturday June 11, 2020

8:00am	Half Marathon - Mass Start
8:10am	7K – Mass Start
11:30am	Awards at finish line
12:00pm	Course Closes

The race start line is located at North Round Valley Trailhead

All racers and spectators should park at the LDS Church located at 510 Silver Summit Pkwy, Park City, UT 84098

Packet Pickup: NO DAY OF RACE BIB PICKUP!

Friday, June 10, 2022
Salt Lake Running Company
2454 S 700 E, SLC, UT 84106
10:00am- 7:00 pm

Friday, June 10, 2022
Mountain Trails Foundation Office
5792 Highland Drive Park City UT 84098
5:00pm-7:00pm

Parking

All racers and spectators should park at the LDS Church located at 510 Silver Summit Pkwy, Park City, UT 84098.

Spectators

Parking is very limited! PLEASE CARPOOL! NO STREET PARKING! The FREE bus system will bring you right to the finish line! From the Kimball Jct. transit center, take a 10-minute, FREE bus ride on the **BROWN Express** and exit at the **Kingsford Ave.** bus stop, then walk across the street to the finish line.

Course Details

100% of both courses takes place on buff single and double track trails in the 2,100-acre Round Valley Open Space area, with an altitude ranging from 6,500 to just over 7,100 feet. While athletes will find the trails foot- friendly, the rolling, high desert terrain presents a few long and steady climbs followed by fast downhill.

Dogs are not allowed.



Half Marathon Turn-by-Turn

- A mass start on the Crooked Mile Nordic trail just east of the North Round Valley Way Trailhead
- Runners the Crooked Mile for 0.6 miles, turn left onto the Happy Gilmor single track trail
- Mile 1.4 - Veer left onto Tin Man single track
- Mile 2.4 (Aid Station #1) - Continue straight onto Rambler single track
- Descend Rambler to steel gate
- Veer left of gate and continue uphill on Rambler to 4-way intersection with Rusty Shovel/Nowhere Elks - Mile 4.9 (AS #2)
- Turn left onto Rusty Shovel single track and descend
- Mile 6.5 - Turn right onto Ramble-On single track
- Mile 6.9 - Take a sharp right turn onto Rambler single track
- Continue uphill on Rambler Single Track to mile 8.0 (AS #3)
- Mile 8.0 - Turn left onto Nowhere Elks double track
- Mile 8.2 - Veer left onto Nowhere Wlks single track
- Mile 8.4 - Turn right onto Downward Dog single track
- At mile 9.3, turn right onto Valderroad double track
- Veer left onto Matt's Flat single track
- Mile 9.7 - Turn right onto Cammy's double track
- Mile 10 - Turn right onto Rademan Ridge double track
- Mile 10.8 (Aid Station #4) - Veer left onto Tin Man single track
- Mile 12.2 - Continue straight onto Happy Gilmor single track to finish

7K Turn-by-Turn

- A mass start on the Crooked Mile Nordic trail, just east of the North Round Valley Way Trailhead
- Follow the Crooked Mile for 0.6 miles, turn left onto Happy Gilmore single track trail
- Mile 1.4 - Veer left onto Tin Main single track
- Mile 2.8 - (Aid Station #1) turn left onto Rademan Ridge double track
- Stay on double track for 0.5 miles
- Mile 3.3 - Turn right onto double track, follow this section for .25 miles turning right at the split
- Mile 3.6 - Turn right onto Happy Gilmor single track and continue for 0.9 miles to the finish

Aid Station Mileage

Aid Station #1 – Mile 2.8

Aid Station #2 – Mile 4.9

Aid Station #3 - Mile 8.0

Aid Station #4 – Mile 10.8

COURSE DETAILS: AID STATIONS

Awards

Overall Prizes will be given to the 1st, 2nd, and 3rd overall Male and Female, and Overall Masters Male and Female Winners at the in person races. Prizes are given to the 1st, 2nd, and 3rd place person in each age division. There are 12 age divisions – M/W: 14 and Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and Over.

Lost & Found

If you lose something, please email us at race@slrc.com and we'll do our best to reunite you with your belongings. Lost items will be taken to SLRC 700 E location the day after the race and left there for two weeks. Anything not claimed by June 30th, will be donated to charity. SLRC is not responsible for any lost items.

Photography

Photographers will be on course to capture runners in the race moment. Participants can visit their website following the event to download a FREE event photo. Make sure to download your photo and post it to your social media #roundvalleyrambler

Opportunity Drawing

Each participant will receive a raffle ticket that can be found on their race bib. The opportunity drawing is sponsored by Saucony, SLRC, Darn Tough, CEP, Nathan, Nunn just to name a few! We have stacks of really cool outdoor gear for you to win!

